WENDY-MENUS: INDEPENDENT WENDY'S MENU GUIDE

Wendy's Australia Menu with Prices, Calories & Nutrition November 2026 (Updated)

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WENDY'S AUSTRALIA MENU: REPORTED PRICES AND ESTIMATED CALORIES

Item	Reported price (AUD)	Estimated kcal	Estimated kJ	Based on (US item)
Classic Single	$9.50	560*	2,343*	Dave's Single
Classic Double	$12.50	810*	3,389*	Dave's Double
Classic Triple	$15.50	1,100*	4,602*	Dave's Triple
Baconmator	$15.50	890*	3,724*	Baconator
BBQ Baconmator	$15.50	890*	3,724*	Baconator
Value Bacon Cheeseburger	$7.50	350*	1,464*	Jr. Bacon Cheeseburger
Value Baconmator	$12.50	590*	2,469*	Son of Baconator
Crispy Chicken Tenders, 3 pc	$9.90	420*	1,757*	3 PC. Tenders
Classic Chicken Tender Burger	$11.50	550*	2,301*	Classic Chicken Sandwich
Spicy Chicken Tender Burger	$11.50	560*	2,343*	Spicy Chicken Sandwich
Classic or Spicy Chicken Wrap	$10.50	420*	1,757*	Grilled Chicken Ranch Wrap
Natural-Cut Fries, medium	$3.50	350*	1,464*	Medium Natural-Cut Fries
Chili Cheese Loaded Fries	$6.50	510*	2,134*	Chili Cheese Fries
Beef Chili	$6.50	280*	1,172*	Chili (small)
Value Cheeseburger	$5.00	270*	1,130*	Jr. Cheeseburger
Value Hamburger	$5.59	230*	962*	Jr. Hamburger
Kids Hamburger / Cheeseburger / Tender Meal	$6.50	440* to 490*	1,841* to 2,050*	Kids' burger or 2 PC. Tenders with Jr. fries, before the drink
Frosty, small	$4.70	310*	1,297*	Classic Chocolate Frosty (small)

* Estimated calories based on similar Wendy's items; not confirmed for this country. kJ is converted from kcal (1 kcal = 4.184 kJ).

WENDY'S AUSTRALIA NUTRITION FACTS (CALORIES, FAT, CARBS, SUGAR, PROTEIN, SODIUM)

Item	Calories	Total fat	Sat. fat	Carbs	Sugar	Protein	Sodium
Classic Single	560*	34 g*	14 g*	37 g*	9 g*	31 g*	1,170 mg*
Classic Double	810*	52 g*	22 g*	37 g*	9 g*	50 g*	1,410 mg*
Classic Triple	1,100*	74 g*	32 g*	38 g*	9 g*	72 g*	1,830 mg*
Baconmator	890*	58 g*	24 g*	36 g*	8 g*	59 g*	1,580 mg*
BBQ Baconmator	890*	58 g*	24 g*	36 g*	8 g*	59 g*	1,580 mg*
Value Bacon Cheeseburger	350*	21 g*	8 g*	24 g*	5 g*	18 g*	650 mg*
Value Baconmator	590*	58 g*	24 g*	36 g*	8 g*	59 g*	1,580 mg*
Value Cheeseburger	270*	13 g*	6 g*	25 g*	5 g*	14 g*	660 mg*
Value Hamburger	230*	10 g*	4 g*	24 g*	5 g*	12 g*	470 mg*
Crispy Chicken Tenders, 3 pc	420*	22 g*	3.5 g*	22 g*	0 g*	33 g*	1,050 mg*
Classic Chicken Tender Burger	550*	25 g*	4 g*	55 g*	7 g*	28 g*	1,630 mg*
Spicy Chicken Tender Burger	560*	26 g*	4.5 g*	55 g*	7 g*	28 g*	1,500 mg*
Classic Chicken Wrap	420*	25 g*	4 g*	55 g*	7 g*	28 g*	1,630 mg*
Spicy Chicken Wrap	420*	26 g*	4.5 g*	55 g*	7 g*	28 g*	1,500 mg*

Item	Calories	Total fat	Sat. fat	Carbs	Sugar	Protein	Sodium
Natural-Cut Fries	350*	12 g*					420 mg*
Baconmator Loaded Fries	450*	25 g*	8 g*	42 g*	1 g*	14 g*	1,000 mg*
Chili Cheese Loaded Fries	510*	25 g*	8 g*	42 g*	1 g*	14 g*	1,000 mg*
Beef Chili	280*	12 g*	4.5 g*	24 g*	6 g*	19 g*	1,050 mg*
Kids Hamburger Meal	440*	10 g*	4 g*	24 g*	5 g*	12 g*	470 mg*
Kids Cheeseburger Meal	480*	13 g*	6 g*	25 g*	5 g*	14 g*	660 mg*
Kids Tender Meal	490*	22 g*	3.5 g*	22 g*	0 g*	33 g*	1,050 mg*
Frosty Chocolate	310*	9 g*	6 g*	49 g*	41 g*	10 g*	180 mg*
Frosty Vanilla	310*	9 g*	6 g*	49 g*	41 g*	10 g*	180 mg*

* Starred values are estimates based on similar Wendy's items and are not confirmed for this country. Figures without a star are published local nutrition.

REPORTED DECLARED ALLERGENS BY ITEM (CONFIRM IN-STORE FOR ANY ALLERGY)

Item	Declared allergens
Classic Single / Double / Triple	Wheat, milk, egg
Baconmator	Wheat, milk, egg
BBQ Baconmator	Wheat, gluten, milk, soy; may contain sesame
Value Cheeseburger (Jr Cheeseburger)	Wheat, milk, soy, gluten; may contain sesame
Value Hamburger (Jr Hamburger)	Wheat, soy, gluten; may contain sesame
Value Bacon Cheeseburger (Jr Bacon Cheeseburger)	Wheat, milk, egg
Value Baconmator (Jr Baconmator)	Wheat, milk, soy, gluten; may contain sesame
Homestyle Chicken Tenders / Tender Burger / Wrap	Wheat, milk, gluten (egg on burger/wrap)
Spicy Chicken Tenders / Tender Burger / Wrap	Wheat, gluten, fish; may contain soy (egg on burger/wrap)
Natural-Cut Fries	None declared
Beef Chili	None declared
Cheese / Chili Cheese / Baconmator Loaded Fries	Milk
Signature Sauce	Gluten, egg, fish; may contain wheat, soy
Ranch Sauce	Egg, milk
Mayo	Egg
Chocolate / Vanilla Frosty	Milk
Soft drinks, juice boxes, water	None declared

BURGERS(9)

Item	Typical price	Calories
Classic Single	$9.50	560 kcal* / 2,343 kJ*
Classic Double	$12.50	810 kcal* / 3,389 kJ*
Classic Triple	$15.50	1,100 kcal* / 4,602 kJ*
Baconmator	$15.50	890 kcal* / 3,724 kJ*
BBQ Baconmator	$15.50	890 kcal* / 3,724 kJ*
Value Bacon Cheeseburger	$7.50	350 kcal* / 1,464 kJ*
Value Baconmator	$12.50	590 kcal* / 2,469 kJ*
Value Cheeseburger	$5.00	270 kcal* / 1,130 kJ*
Value Hamburger	$5.59	230 kcal* / 962 kJ*

* Estimated calories based on similar Wendy's items; not confirmed for this country.

CHICKEN(5)

Item	Typical price	Calories
Crispy Chicken Tenders, 3 pc	$9.90	420 kcal* / 1,757 kJ*
Classic Chicken Tender Burger	$11.50	550 kcal* / 2,301 kJ*
Spicy Chicken Tender Burger	$11.50	560 kcal* / 2,343 kJ*
Classic Chicken Wrap	$10.50	420 kcal* / 1,757 kJ*
Spicy Chicken Wrap	$10.50	420 kcal* / 1,757 kJ*

* Estimated calories based on similar Wendy's items; not confirmed for this country.

SIDES(4)

Item	Typical price	Calories
Natural-Cut Fries	$3.50	350 kcal* / 1,464 kJ*
Baconmator Loaded Fries	$7.00	450 kcal* / 1,883 kJ*
Chili Cheese Loaded Fries	$6.50	510 kcal* / 2,134 kJ*
Beef Chili	$6.50	280 kcal* / 1,172 kJ*

* Estimated calories based on similar Wendy's items; not confirmed for this country.

FROSTY(2)

Item	Typical price	Calories
Frosty Chocolate	$4.70	310 kcal* / 1,297 kJ*
Frosty Vanilla	$4.70	310 kcal* / 1,297 kJ*

* Estimated calories based on similar Wendy's items; not confirmed for this country.

KIDS(3)

Item	Typical price	Calories
Kids Hamburger Meal	$6.50	440 kcal* / 1,841 kJ*
Kids Cheeseburger Meal	$6.50	480 kcal* / 2,008 kJ*
Kids Tender Meal	$6.50	490 kcal* / 2,050 kJ*

* Estimated calories based on similar Wendy's items; not confirmed for this country.

Wendy-Menus is an independent guide and is not affiliated with The Wendy's Company. Prices are typical, vary by restaurant, and items can change. Confirm prices, availability, and allergens in the Wendy's app or at your restaurant. Source page: https://wendy-menus.com/wendys-menu-australia/